

COMMUNITY EDUCATION SERVICES

# Supported Education



**Supported Education is for students for whom post-secondary education has been interrupted, intermittent or previously non-existent as a result of a disability (psychiatric, substance abuse, etc).**

## SUPPORTED EDUCATION

Supported Education is an important step towards community integration for adults with disabilities. It provides students with the same opportunities as their peers and a chance to:

- Develop relationships with peers
- Achieve educational goals
- Improve social and interpersonal skills
- Find meaningful employment

Soon-to-be college aged students may experience overwhelming anxiety as they prepare to attend college. They may have concerns about unfamiliar surroundings, more challenging academics, missing their friends and the expectations that professors may have of them.

Supported Education has been proven to be highly effective in helping students who have disabilities and experience general anxiety, test anxiety, stress intolerance, and lack of self-esteem. There is no cost to the student for the Supported Education service.

Admission criteria for the Supported Education program are:

- The student will be at least 18 years of age (no maximum age)
- The student will be ACCES-VR referred and have a disability
- The student will meet the admission requirements of Dutchess Community College for degree or certificate program

## SERVICES INCLUDE

- Assistance with admission and financial aid forms
- Help with the registration process and a personalized tour of the campus
- Ongoing one-on-one social support
- Access to tutoring, coping skills and accommodations as needed
- On-campus information: rights and resources
- Individual services that are tailored to meet the unique and changing needs of each student, such as problem solving and stress management techniques

For further information, please call **Kat Weaver, Supported Education Coordinator, at 845/473-2500 ext. 1375.**