

**ADULT SERVICES**

# **PROS: Personalized Recovery Oriented Services**



**MHADC** is dedicated to enhancing the lives of the people who attend our programs. We believe it takes one person to believe in you to bring out the strength and motivation from within. Only a true partnership will bring wellness home.

**MHIA**  
Mental Health America  
of Dutchess County

## PROS: PERSONALIZED RECOVERY ORIENTED SERVICES

PROS is a comprehensive program for individuals with severe and persistent mental illness. The goal of our program is to integrate support and rehabilitation in a manner that facilitates the individual's recovery. Goals for individuals in the program are to improve functioning, reduce inpatient utilization and emergency services, reduce contact with the criminal justice system, increase employment, attain higher levels of education and secure housing. We work to make participants' aspirations a reality and treat every individual with respect.

### PROS Components

- **Community Rehabilitation and Support** Designed to engage and assist individuals in managing their illness and restoring those skills and supports necessary for living successfully in the community.
- **Intensive Rehabilitation** Designed to assist an individual attain a specific goal such as education, housing or employment. May also include Intensive Relapse Prevention to provide targeted intervention, reduce the risk of hospitalization or reduce involvement in the criminal justice system.
- **Ongoing Rehabilitation and Support** Designed to assist individuals in managing their symptoms in the competitive workplace.
- **Clinical Treatment Services** Participants have the choice to receive their clinical treatment through PROS. Designed to help stabilize, ameliorate and control disabling symptoms. Treatment includes a recovery-focused, disability-management approach with medication management, health assessment, clinical counseling and therapy, symptom monitoring and treatment for co-occurring disorders.

### Beacon Wellness Center

249 Main Street, Beacon, NY 12508

**Monday – Friday** 9 am - 5 pm – Walk-ins Welcome

**For more information contact 845-473-2500 Option 2.**